



Assisted Outpatient Treatment (AOT)

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History of AOT



- 45 states have AOT laws
- Legislation varies across states
- Prevention versus Response
- Assembly Bill 1421 was passed in California in 2002
- Welfare and Institutions Code 5345-5349.5
- Named as EBP in 2015
- Mayor Lee's CARE Task Force
- Board of Supervisors (July, 2014)
- Implementation of AOT (November 2, 2015)

What is AOT?



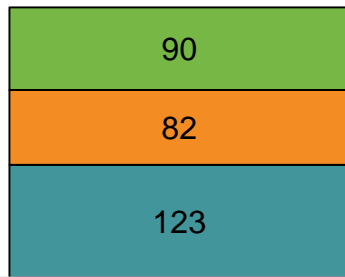
- Commonly known as “Laura’s Law”
- Must be adopted by a county
- Court ordered outpatient treatment for individuals with severe mental illness
- Does not allow for forced treatment or forced medications
- Designed to assist individuals with severe and persistent mental illness who are not engaged in treatment, are deteriorating, and have a history of poor treatment compliance
- Goal of reducing hospitalization, incarceration, and victimization

San Francisco AOT

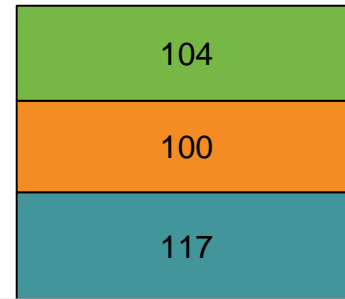


- Community based, mobile, multidisciplinary, mental health team
- Multiple opportunities to engage in voluntary services
- Whatever it takes approach focused in principles of recovery and wellness
- AOT Care Team
 - Program Manager (Psychologist)
 - Clinicians
 - Team Members (Peer Specialist, Family Liaison)
- UCSF Department of Psychiatry-Citywide AOT
 - Clinical Supervisor
 - Clinical Case Managers
 - Psychiatrist
 - Peer Specialist
 - Nurse

Calls to AOT

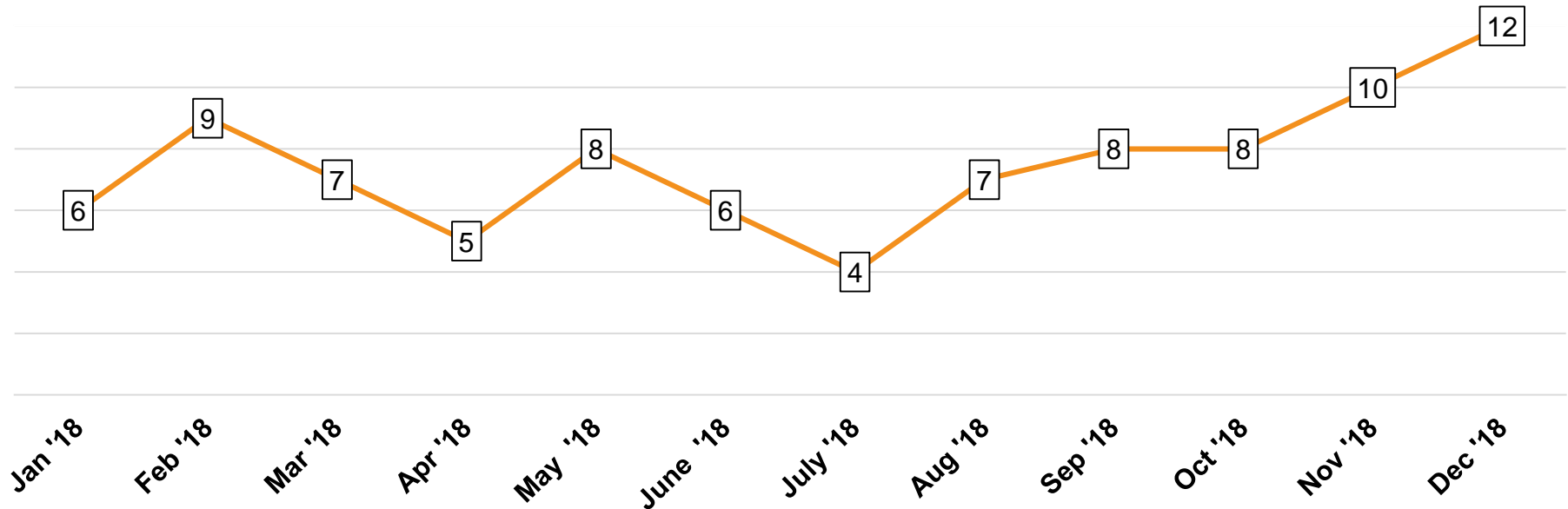


Referrals

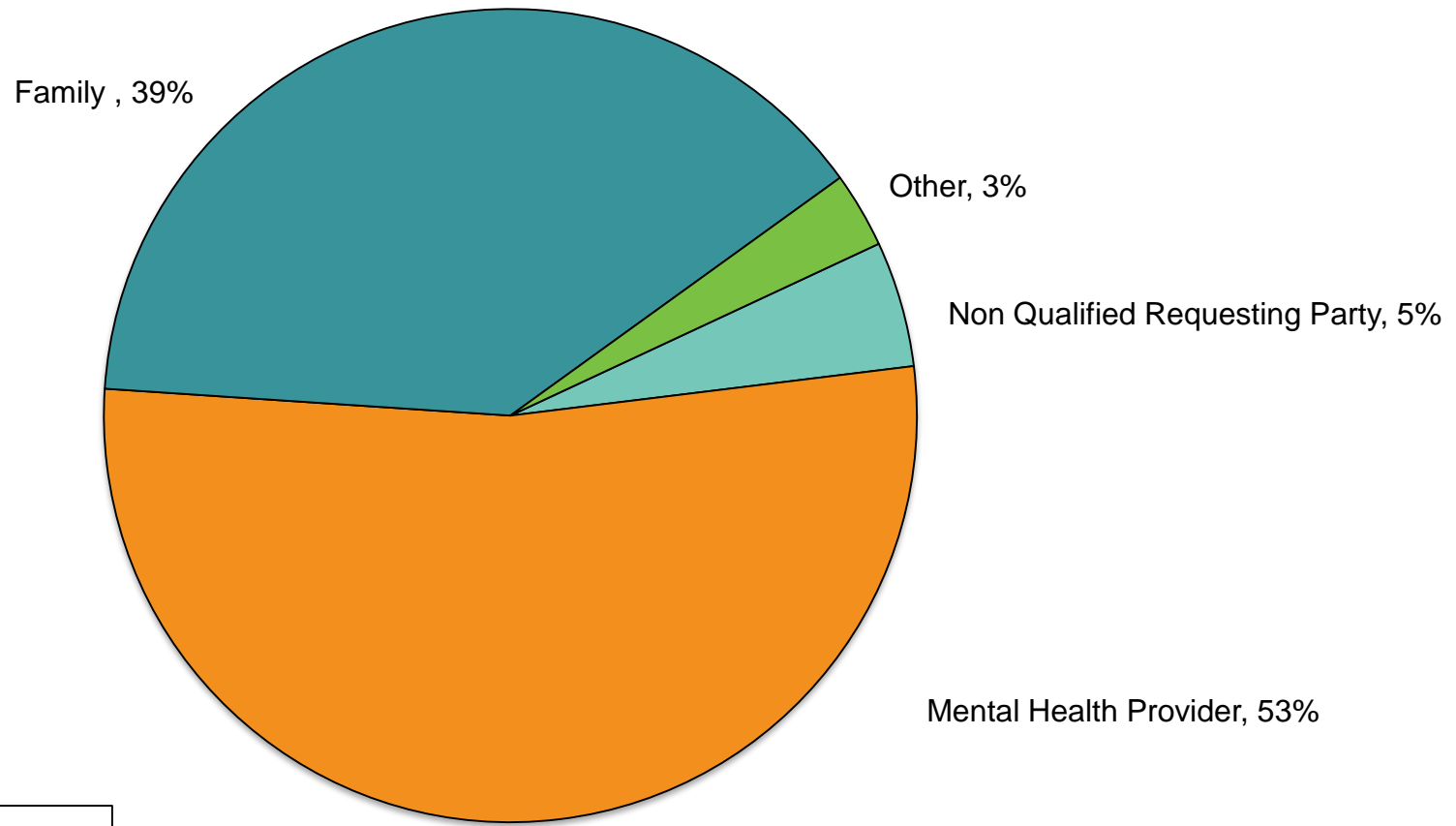


Information Only

■ 11/2/15-12/31/16 ■ 1/1-12/31/17 ■ 1/1-12/31/18

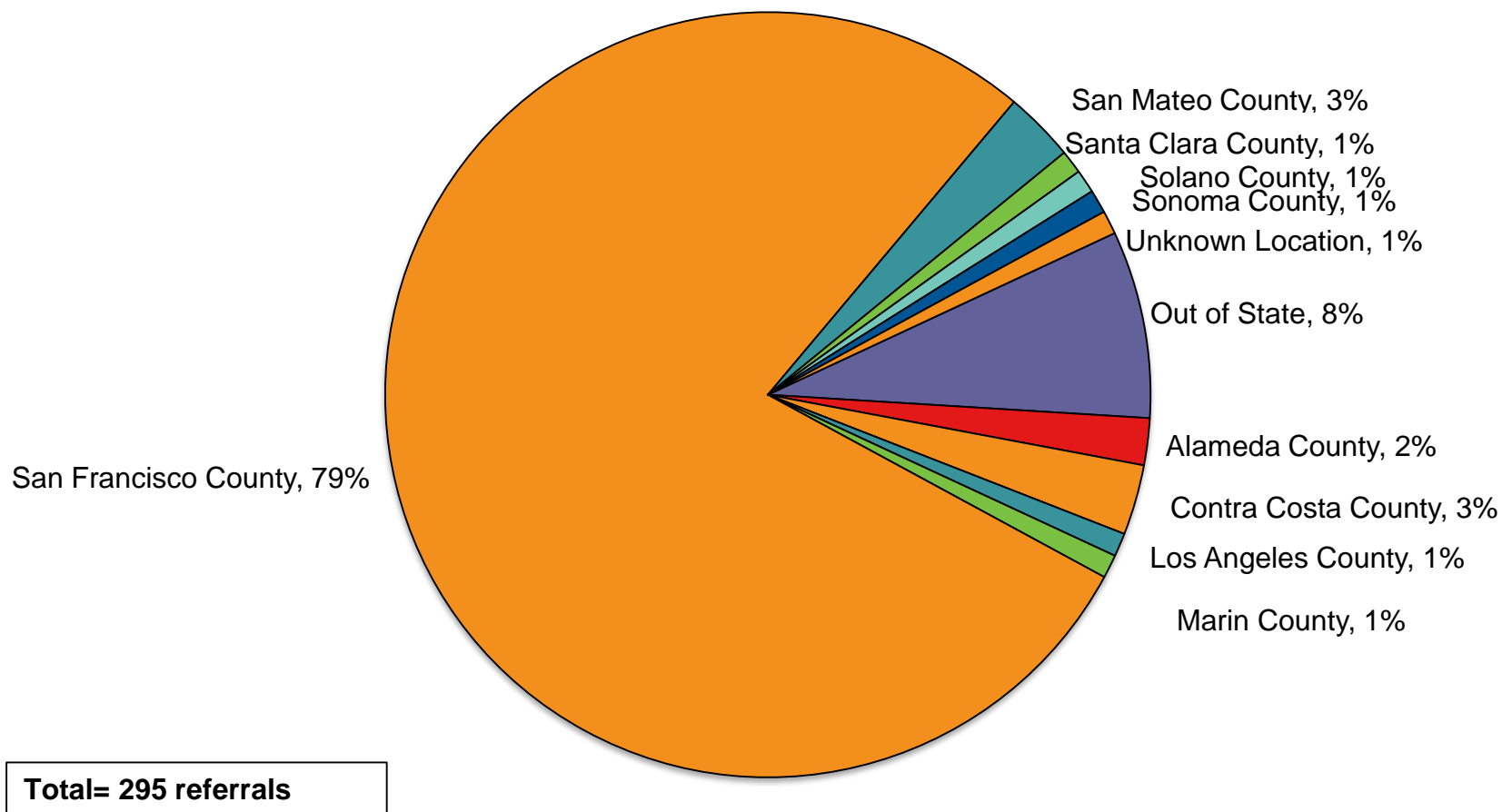
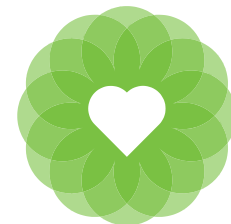


Referral Source



Total= 295 referrals

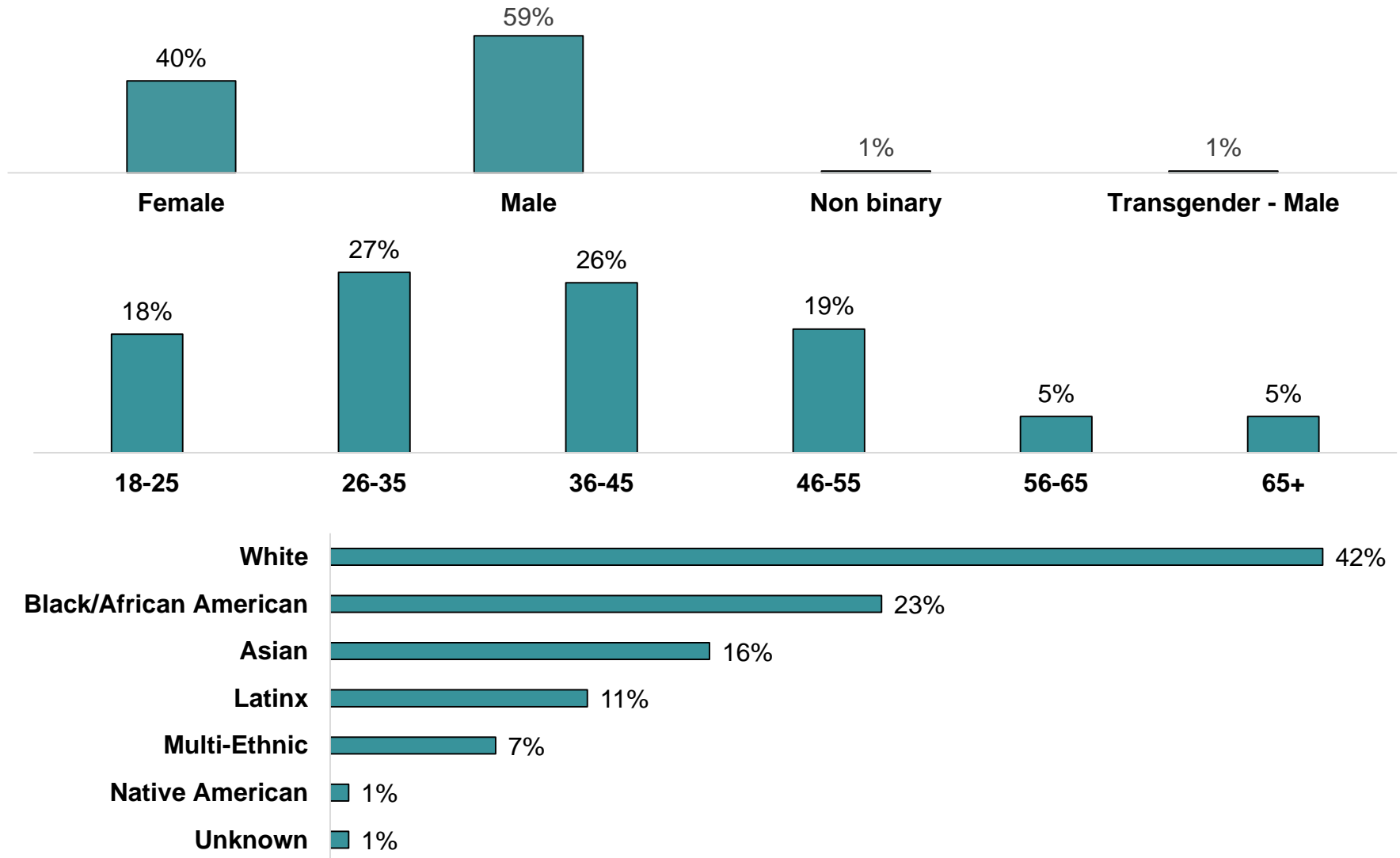
Location of Referral



*Rounded to the nearest whole number

Demographics

Contacted Individuals



Risk Factors

Contacted Individuals



Homelessness

54%

Incarceration

63%

Psych Hospitalization

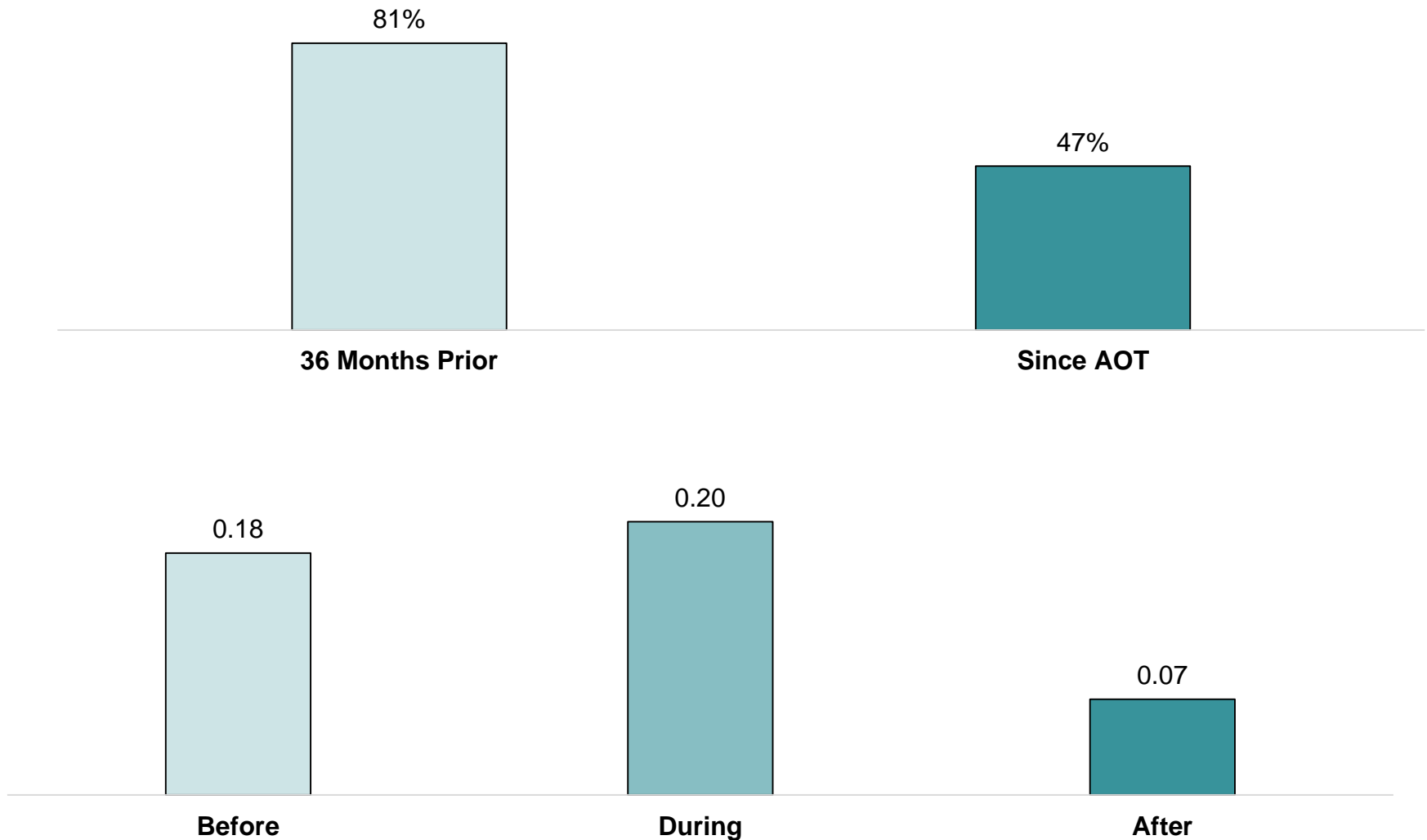
82%

PES

81%

Preliminary Outcomes

Psychiatric Emergency Services

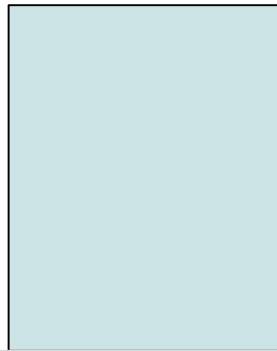


Preliminary Outcomes

Total Population-Psychiatric Hospitalization



82%



36 Months Prior

47%



Since AOT

2.27



During

0.96



Before

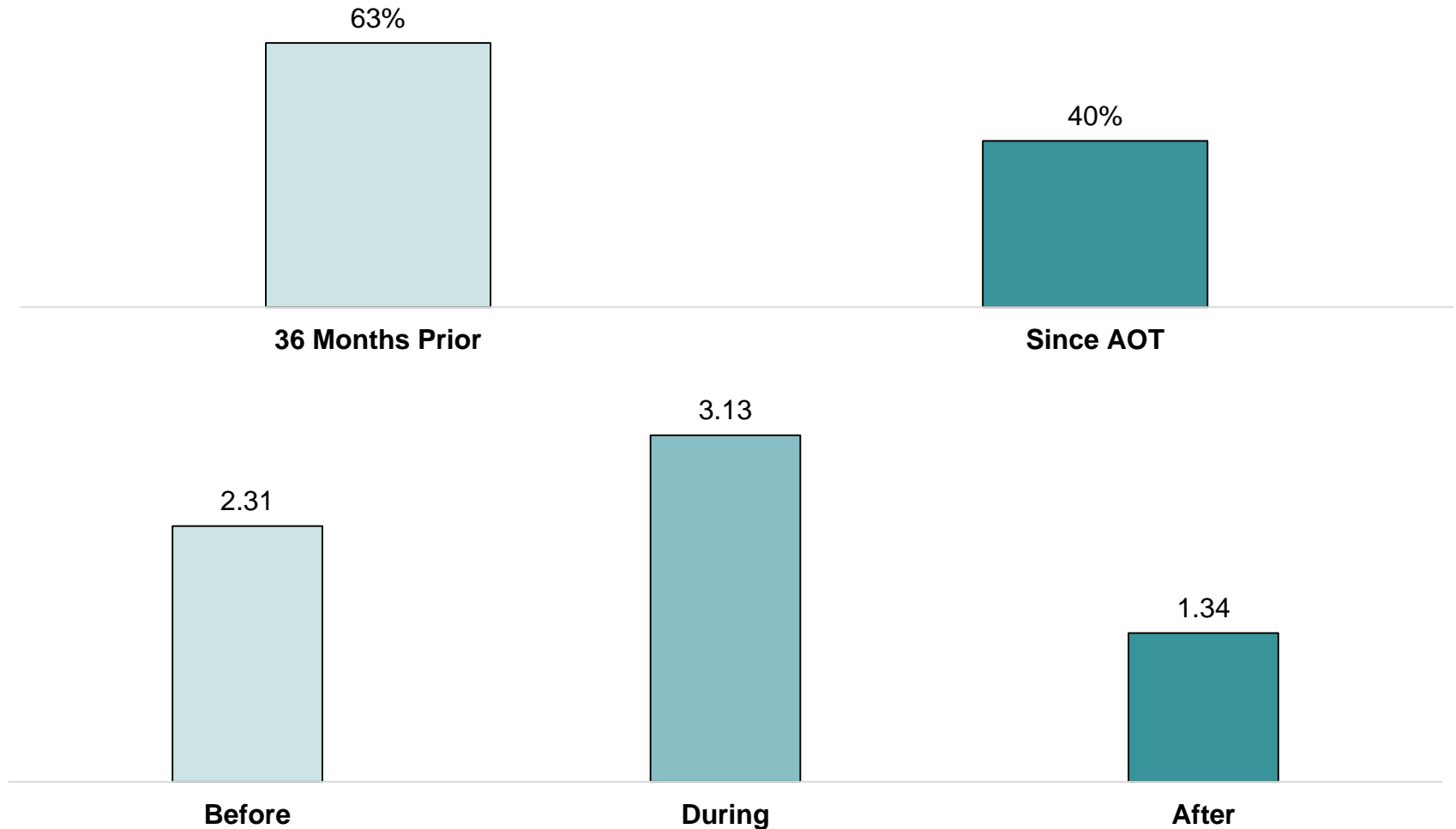
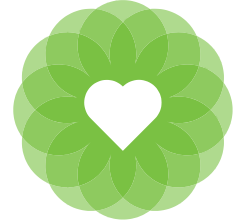
0.29



After

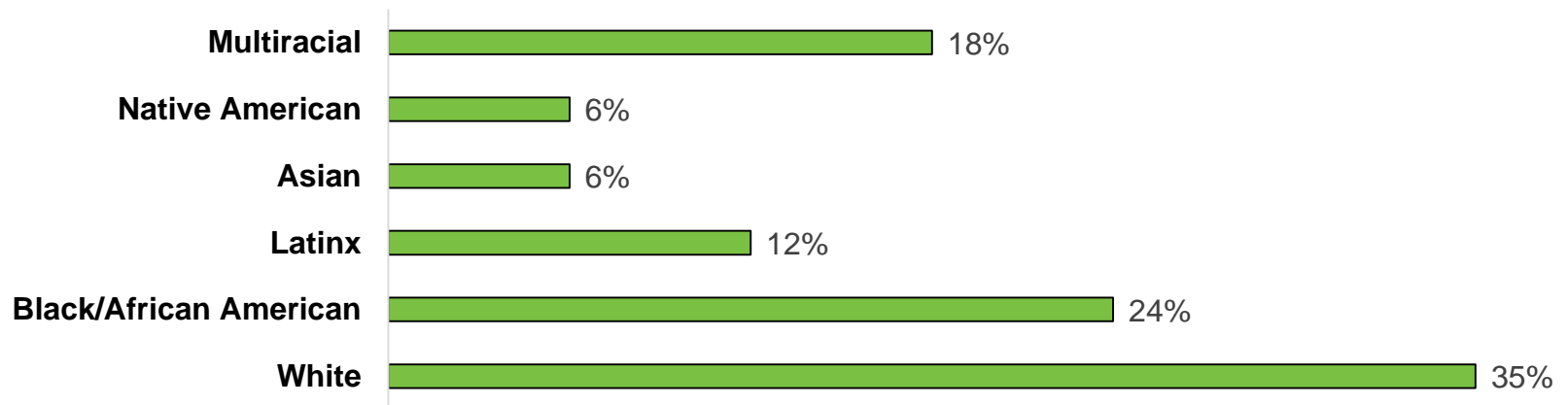
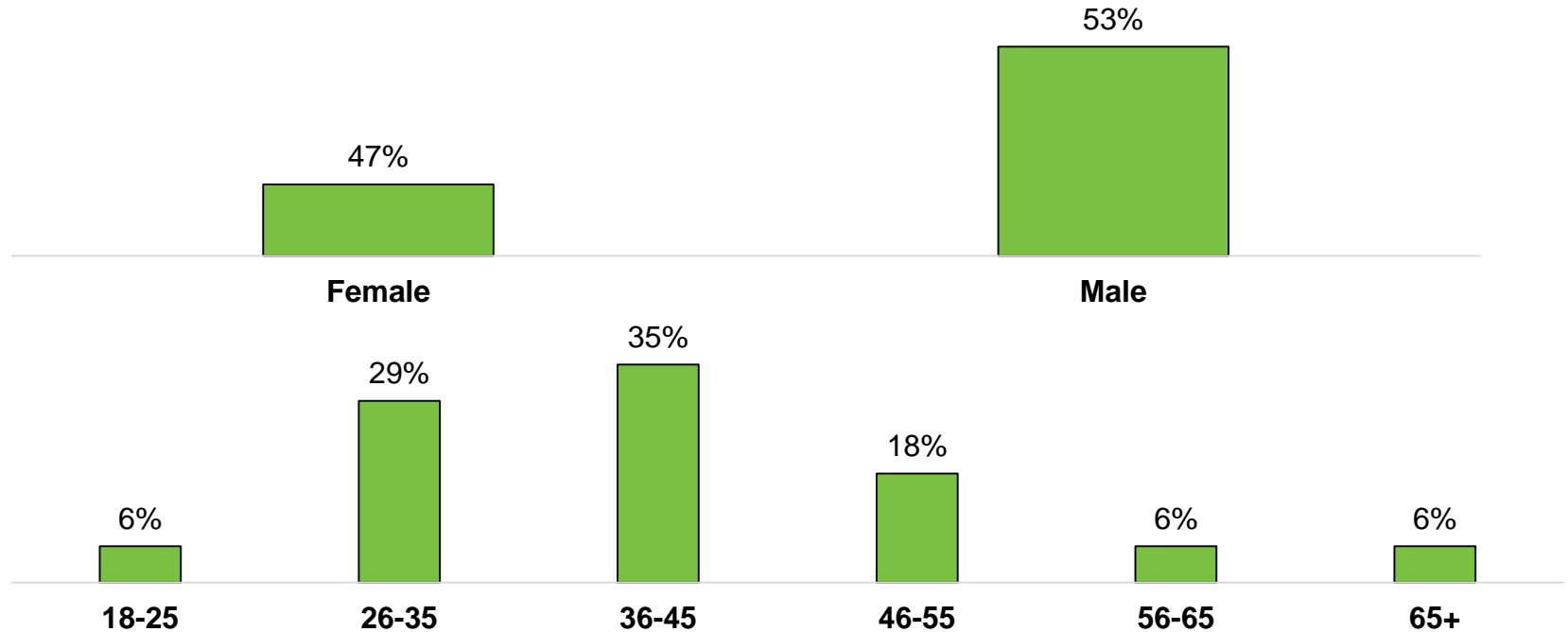
Preliminary Outcomes

Total Population-Incarcerations



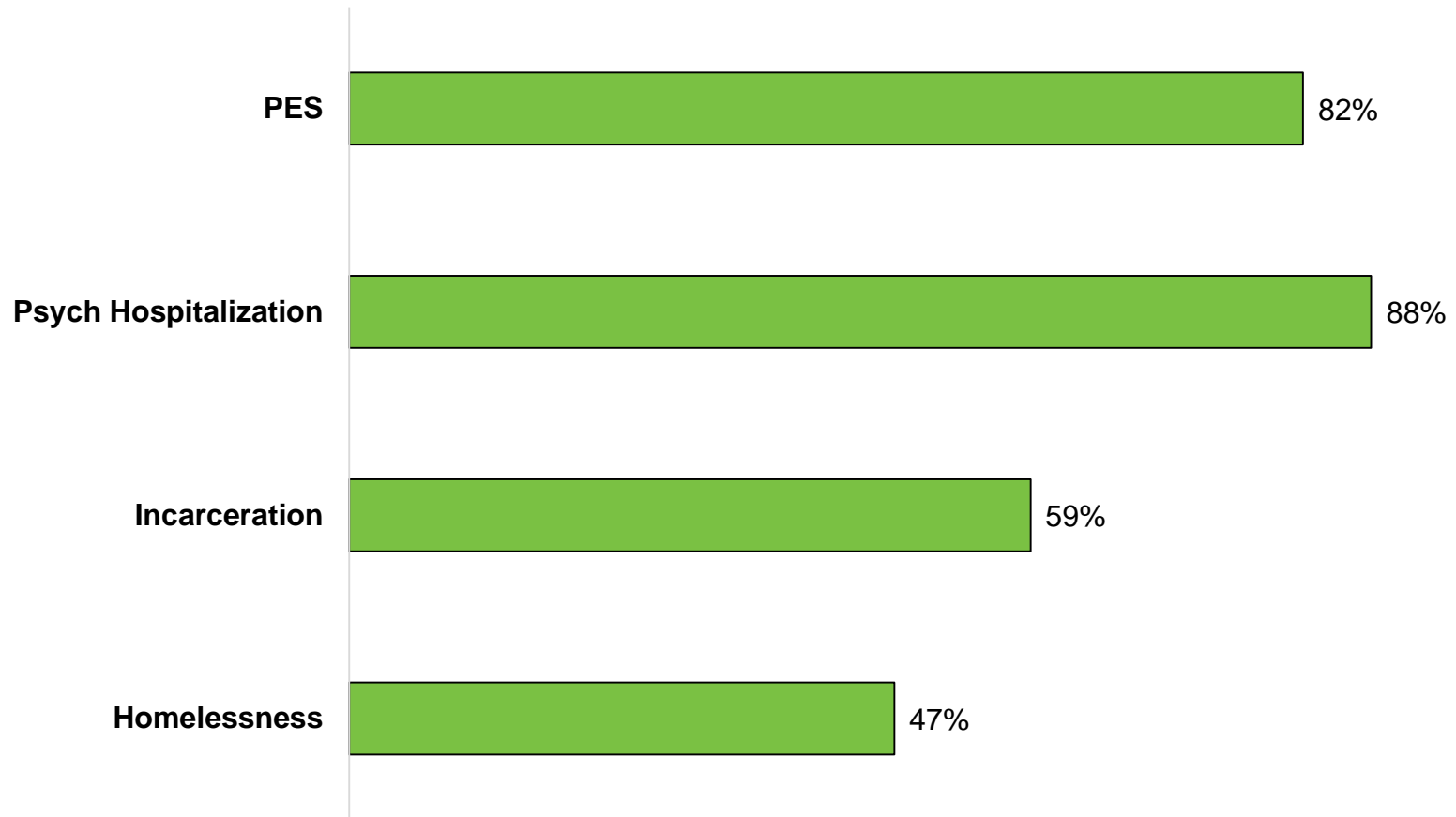
Demographics

Court Ordered Individuals



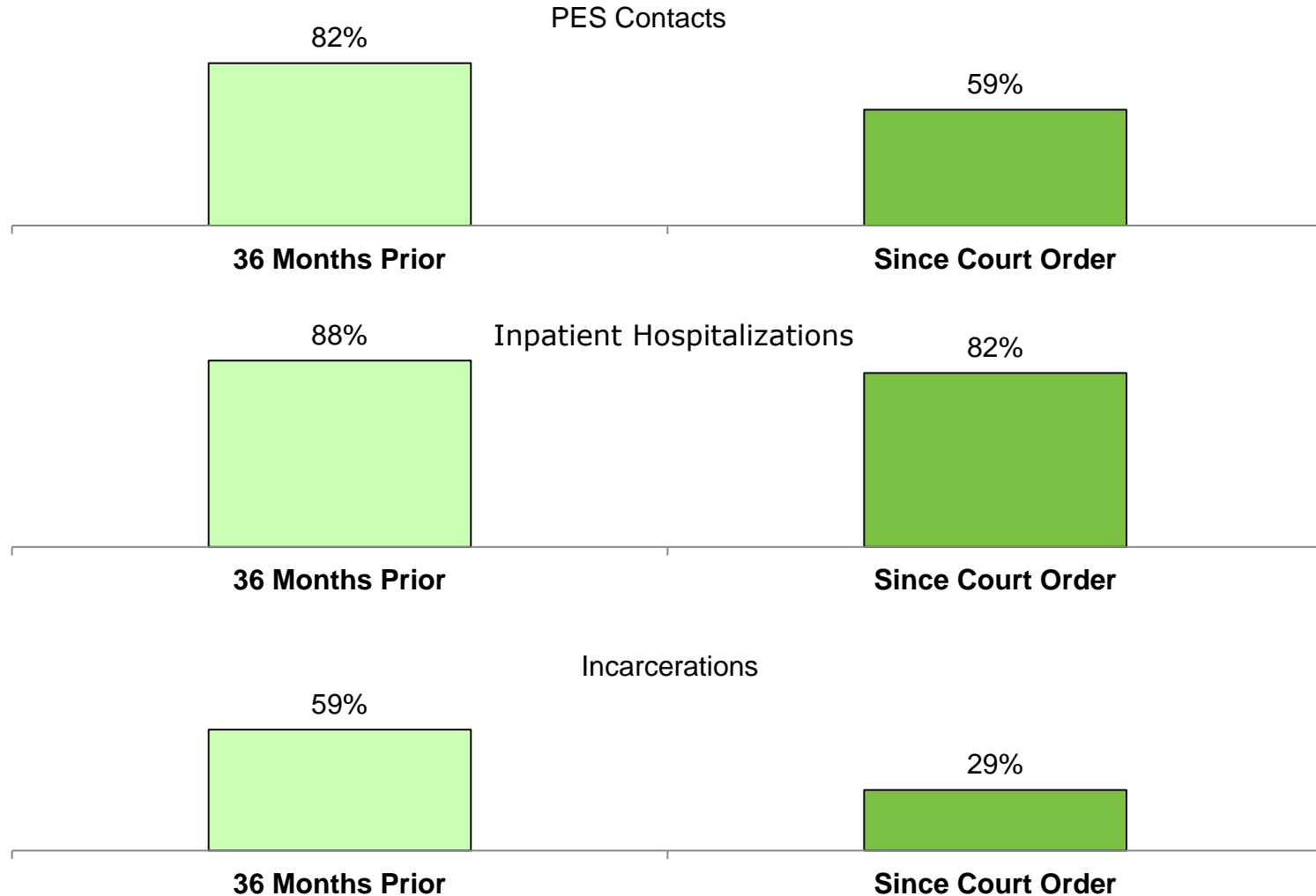
Risk Factors

Court Ordered Individuals



Preliminary Outcomes

Total Court Population



Preliminary Outcomes



- 13% of cases result in a petition to the court
- 69% of cases engage in voluntary services
- X% remain connected to voluntary services
- LPS Conservatorship
- Average Length of Time Working with AOT
 - 138 days

Preliminary Outcomes

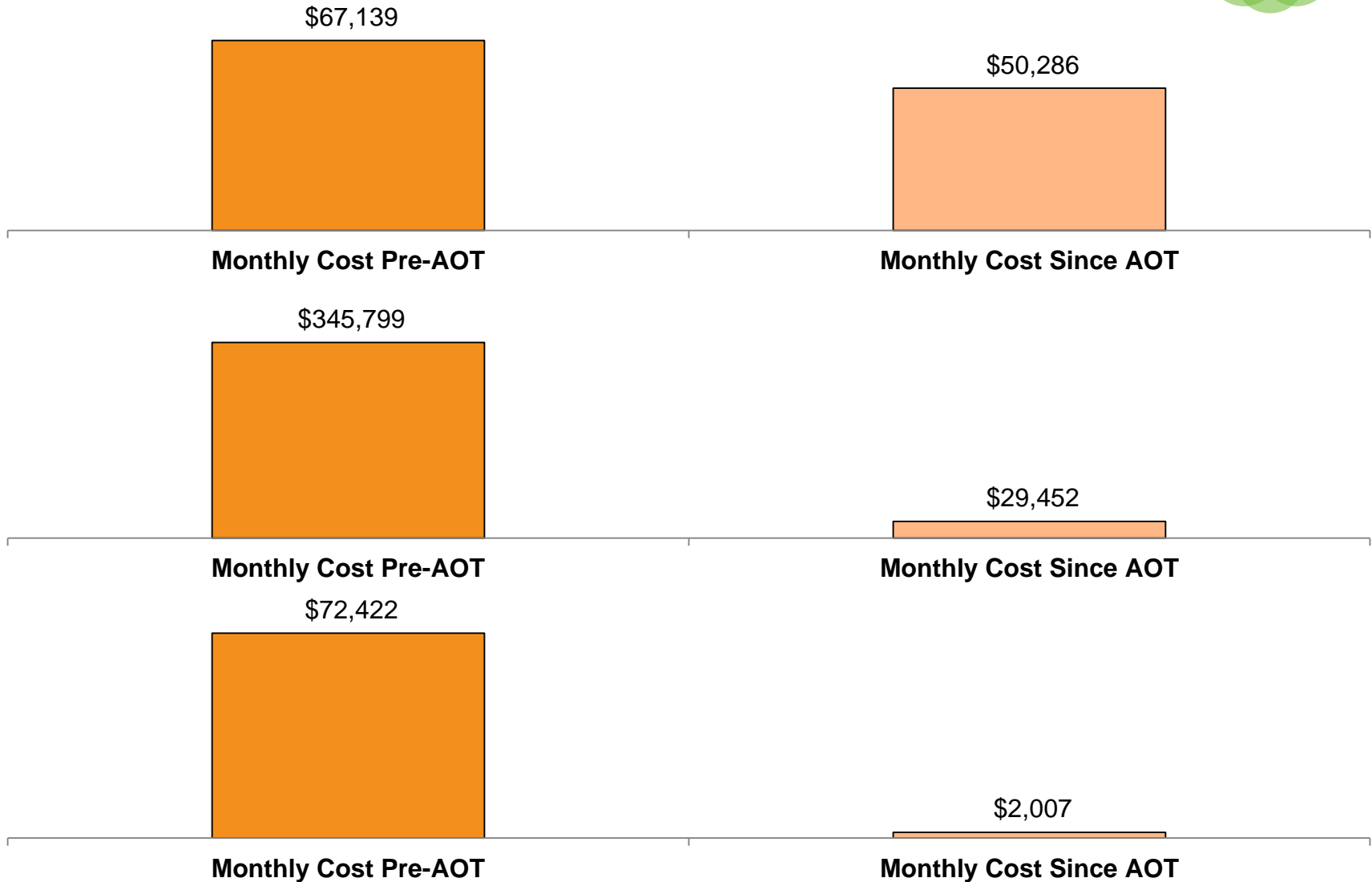
Feedback



- Feedback from Participants
 - 86% of individuals surveyed reported feeling hopeful about their future
 - 82% of individuals surveyed reported being treated with respect
 - Staff “made me feel safe. They were worried about me being on the streets.”
- Feedback from Families
 - Increased awareness of services in San Francisco
 - Increased awareness of mental health symptoms
 - “AOT’s diligence and care has literally been life saving for my sister.”
- Feedback from Stakeholders
 - Increased collaboration and coordination of care
 - “The AOT program has brought together and made for better working relationships that were not there prior.”

Preliminary Outcomes

Financial Implications



Preliminary Outcomes

Financial Implications

